

**Saint-Claude and Bon-Pasteur Parishes in Laval-des-Rapides, Laval**  
**Spiritual and pastoral support initiatives during confinement**

Areas of Parish Life	Initiative	Brief description
Liturgical Ministry	Pre-recorded Mass (Regular)	Mass recorded every Sunday since March 20 and broadcasted on YouTube <a href="https://www.youtube.com/channel/UChXuf-pW7XHDS3P7DGBT_Kw?view_as=subscriber">https://www.youtube.com/channel/UChXuf-pW7XHDS3P7DGBT_Kw?view_as=subscriber</a> and links found on both parishes' websites.
	Holy Week (Occasional)	Holy Thursday (Eucharistic Adoration); Good Friday (Way of the Cross); Easter Vigil (Liturgy of the Word) <a href="https://www.youtube.com/channel/UChXuf-pW7XHDS3P7DGBT_Kw?view_as=subscriber">https://www.youtube.com/channel/UChXuf-pW7XHDS3P7DGBT_Kw?view_as=subscriber</a> and links found on both parishes' websites.
Faith Education/ Evangelization	Catechesis to prepare for the Sacraments of Initiation to the Christian life	<del>sent</del> Three catechists were sent out to complete the catechetical year, with all the necessary documents, to live these meetings with the family. During the Easter season, we sent the pastoral activities of Holy Thursday, Good Friday, Holy Saturday and Easter Sunday organised by the parish of St. Joachim. Every week, a message was sent out during the virtual Sunday mass presided by the priests of our parish, including a video clip that talks about catechism for the end of the year.
	<i>P'tite Pasto</i> (Children's pastoral education)	Two activities for the <i>P'tite Pasto</i> program were sent by video with Do-it-Yourself (DIY) information, etc... During the Easter season, pastoral activities for Holy Thursday, Good Friday, Holy Saturday (Basilica) and Easter Sunday were sent out. Every week, a message of encouragement was sent out in addition to the Sunday Mass presided by the priests of our parish. A video clip about the <i>P'tite Pasto</i> program and other topics was made and sent out to the parents of children participating in the <i>P'tite Pasto</i> program.
	Catechesis for adult confirmation	Ongoing catechesis for adults preparing for Confirmation was provided via the cloud platform Zoom throughout the months of March, April and May.
	Cursillo (Weekly)	The return of Ultreyas from the Cursillo group was made possible by video-conferencing via the Zoom platform
	Neo-Catechumenal Journey	Meetings of the neo-catechumenal community were also held by video-conferencing via the Zoom platform (every two weeks)
Social Action Team	SSVP	Ongoing charitable food distribution services with specific sanitary measures implemented.

Youth and Family Ministries	"Little Hearts of Mary" group (Regular)	#LesPetitsCoeursDeMarie is a prayer group for children and families. It is based on the prayer of the Holy Rosary and organizes masses and family gatherings, under the protection of Our Heavenly Mother, the Blessed Virgin Mary and the blessing of Our Lord and Saviour Jesus Christ. <a href="https://www.facebook.com/groups/355553568733104/">https://www.facebook.com/groups/355553568733104/</a>
Pastoral care for the sick and elderly	Phone support	Reaching out to the elderly, sick and/or isolated by phone to help provide spiritual support.
Community life / communications	A word from the parish priest	Pastoral message from the parish priest is posted on both parish websites.
	Pastoral Team Video Clip	Video clip (3-4 minutes) from pastoral team members and other active community stakeholders <a href="https://www.youtube.com/channel/UChXuf-pW7XHDS3P7DGBT_Kw/playlists?view_as=subscriber">https://www.youtube.com/channel/UChXuf-pW7XHDS3P7DGBT_Kw/playlists?view_as=subscriber</a> and link is found on both parish websites
	Pastoral team	Weekly meeting of the pastoral team by video-conference via the <i>Zoom</i> platform